

Formation for Holy Communion



All information (including relevant dates) concerning the Formation for Holy Communion is on the new Our Lady of Lourdes church website: www.ourladyoflourdeswanstead.com

Parents, please return to Parish Centre at 9.45 a.m. this morning for a time of prayer with your children

**9.30 a.m. Sunday Mass tomorrow. You and your children are invited to come and celebrate with the parish.
Front row benches will be reserved for the children.**

Find joy in Jesus!






Formation Session 3: Jesus is our Joy

*My dear Jesus,
you fill our hearts with joy,
as we listen to your voice this morning.
As we come together
help us to know and to love you
as our friend
and the true joy and happiness in our lives.*

*May our feet journey together.
May our hands gather in unity.
May our hearts beat as one.
May our souls be in harmony.
May our thoughts and words build up.
May our song of joy give you praise.*

Amen.



A silhouette of a person stands on a dark, elevated surface, possibly a cliff or a hill, with their arms raised high in a gesture of triumph or prayer. The background is a dramatic sunset or sunrise over a body of water, with the sun low on the horizon, creating a bright glow and casting long, dark shadows. The sky is filled with soft, colorful clouds in shades of orange, yellow, and purple. The overall mood is one of hope, resilience, and spiritual connection.

And on that day
when my strength is failing
The end draws near
and my time has come

St Mother Teresa Group - Main Parish Centre Hall
Formation Guides: Grainne, Jeanne, Kevin & Louise

ABLAS, Sol Rhavin

AGATHANGELOU, Annabella

ARSLAN, Haris

BRAITHWAITE, Sassy

CLARK, Joshua

COLLINS-JEFFERYS, Chester Charles

COOPER, Thomas Patrick

DANZEY, Charlotte Sofia

DENHAM, George

DIEP, Kian Frederick Tuan

DILE, Dilichukwu Desireé

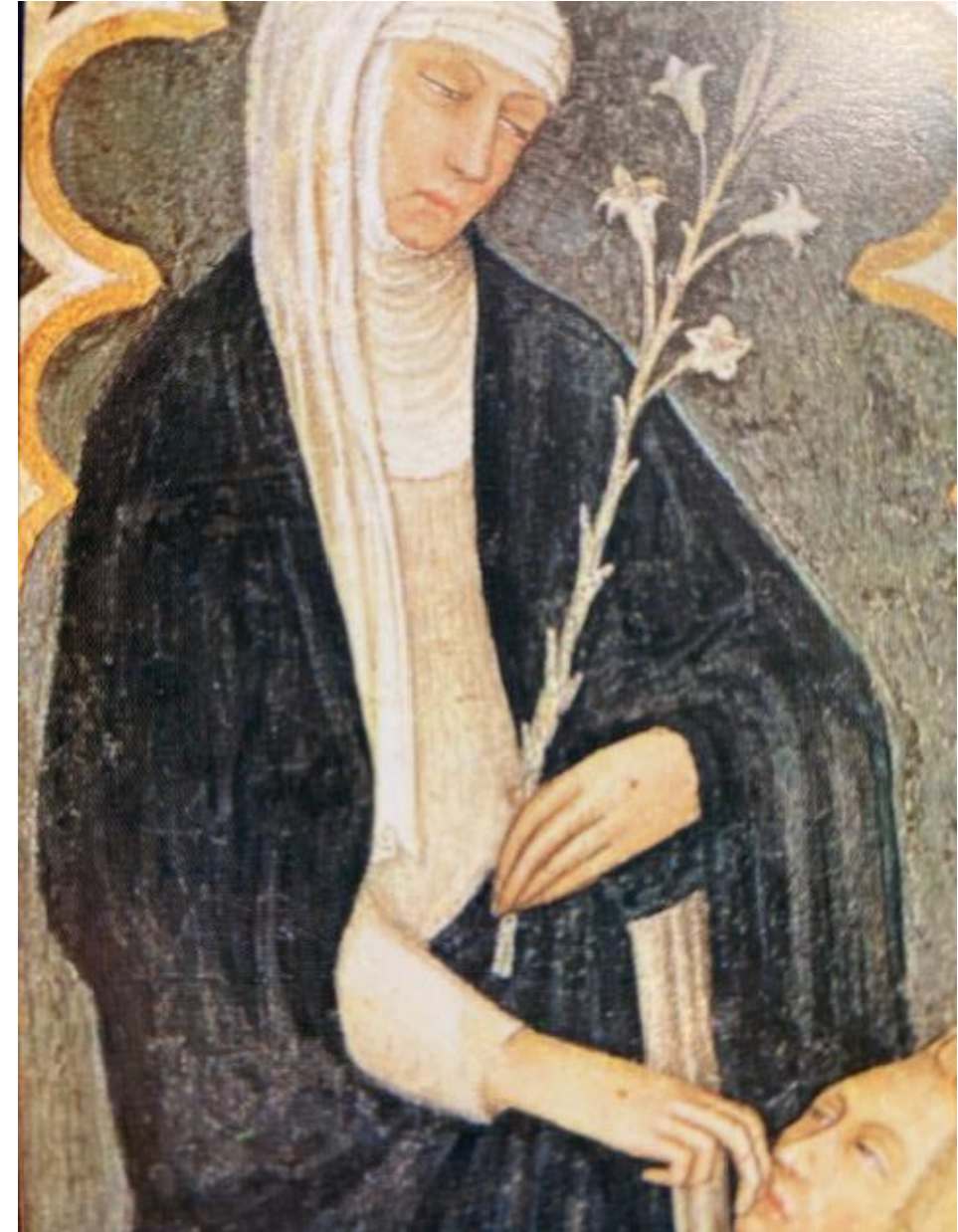
Ezeah, Ryan-David Chimermeze

KILGOUR, Gabriel



St Catherine of Sienna Group
Formation Guides: Kristina, Jane and Sarah

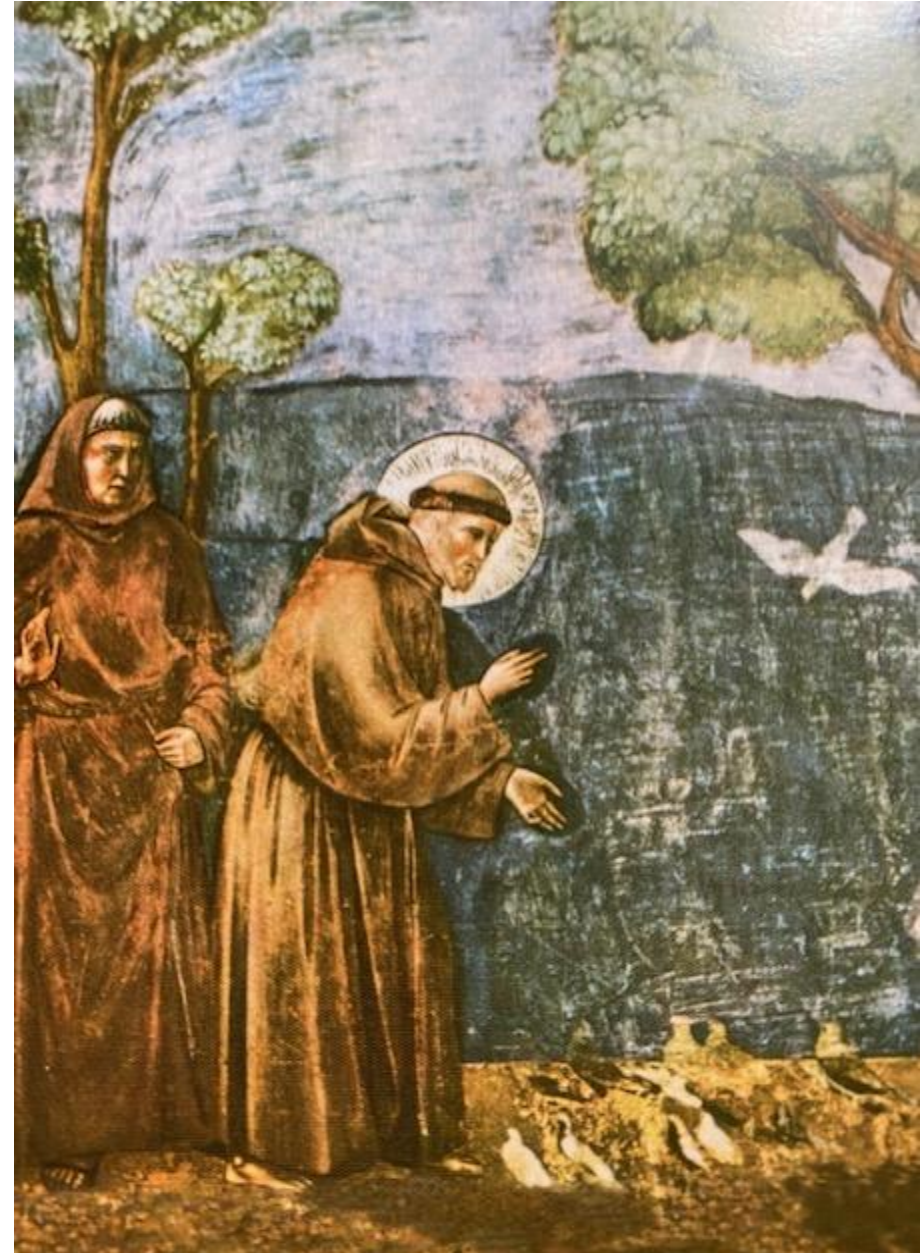
- ATHIENITIS, Byron
- FADALE, Gaia
- FAHEY, James Michael
- FARLEY, Leonardo Ronald
- FARRUGIA, Josef
- FOLEY, Grace
- FOLKARD, Sophie Olivia
- HEATHWOOD, Milo
- HOULIHAN, Xavier Julian James
- KILGOUR, Jensen
- KISSI, Nathania Nyameaye
- MALAMOUTSIS, Maximos
- MARTIN, Cornelia Delama Zofia Smolowik



St Francis of Assisi Group

Formation Guides – Henrietta, Rafey, Richard and Kevin P

- MARTIN, Rohan
- McATEER, James
- McDONNELL, Lochlainn
- McHUGH, Evan
- MHAGRH, Zoe Jane
- MILLS, Jaymani
- MORIARTY, Cara
- MORIARTY, Jerry
- MULLEN, Noel
- MURPHY, Thomas
- NADCZUK, Sara Wiktorja
- NEUPANE, Rhys Adam



St George Group

Formation Guides: Carmen, Sister Veronica Ann, Sarah R & Natalia

- CLARES-WERY, Louis
- O'DONNELL, Callum
- ORONSAYE JNR, Jude Nosakhre Oghogho
- REEDER, Hannah Emily
- SANGER, Sarita Amelia
- SHRESTHA, Miles
- TAYLOR, Zachary Luis Kai
- TOLLER, Erin Maria
- TROTTIER, Emilia Elisabeth
- VALLO, Kayden
- WALTON, Isabel
- WHITTINGHAM, Sebastian Michael
- ONUCHINA-TANG, Yesenia



Get the children to think about the difference between pleasure, happiness and joy. Show them different images and ask them, e.g., eating a slice of cake and ask them does it bring them pleasure, happiness or joy. Try and get them to explain what the difference might be. Try and get them to reflect of immediate, short-term pleasure and joys that last in our minds and hearts for ever.



You might use this idea in conjunction with slide 10
Imagine you are a smiley face balloon. Do you think you are full of joy?
But imagine the air leaks from the balloon?
Do you think you are full of joy now?
What do we need to bring back that joy?

Jesus
Others
Yourself



Each child is given a piece of paper with the letters J – O – Y
You tell them that the letters are the beginning of a word
You will give them three clues and they are to write down what they think the word is

• J

Clue 1: At the age of 12, I went missing when I was travelling with my family

Clue 2: I said that “I have spoken to you so that my joy may be in you, and that your joy may be made full.”

Clue 3: I had twelve very close friends who were full of joy even when they faced challenges

• O

Clue 1: Those are people who are different to you

Clue 2: These people are your neighbours

Clue 3: We find joy when we care for these people especially if they are weak, sad, poor or lonely.

• Y

Clue 1: It’s important to look after this person

Clue 2: This person will find joy when they are with their friends

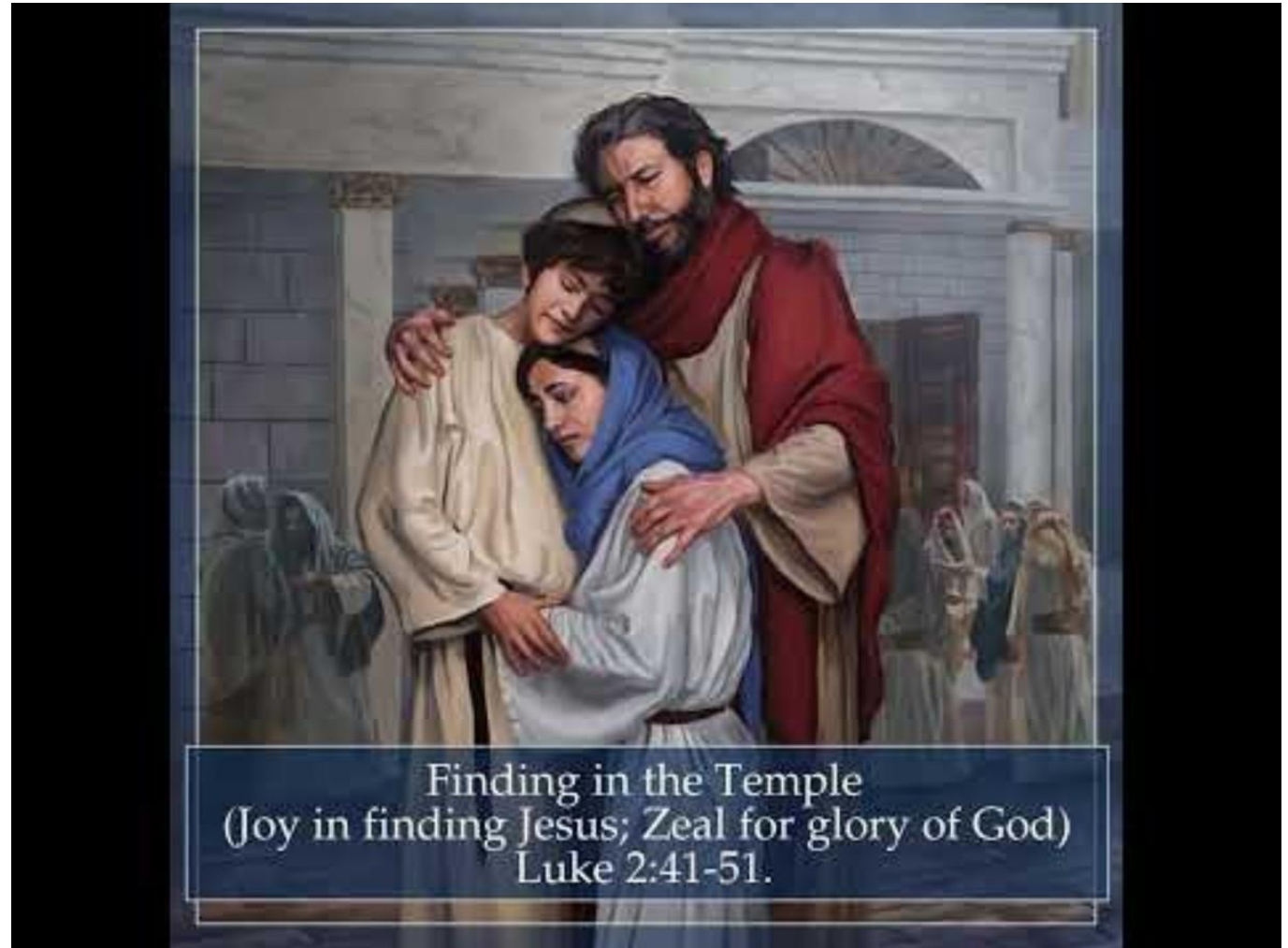
Clue 3: This person will have joy in their heart even when they are feeling a bit sad or upset.

- Jesus
- Others
- Yourself

The Joyful Mysteries of the Rosary

There will be a picture of each joyful mystery and a scripture quotation) and also a card with a description of the mystery. The children have to match the description with the card. You can read the scripture to see if they are correct.

1. The Annunciation –Angel Gabriel tells Mary she’s going to be the Mother of God
2. The Visitation – Mary visits her pregnant cousin Elizabeth and the baby in her womb leaps with joy
- 3 The Birth of Jesus
4. The Presentation of Jesus as a baby to God
5. The Finding of the boy Jesus in the Temple



The Annunciation

In the sixth month, Gabriel (the angel) was sent from God to a town in Galilee called Nazareth, to a virgin engaged to a man called Joseph, from the family of David. The virgin was called Mary.

“Greetings, favoured one!” said the angel when he arrived. “May the Lord be with you!”

She was disturbed at this, and wondered what such a greeting might mean.

“Don’t be afraid, Mary,” said the angel to her. “You’re in favour with God. Listen: you will conceive in your womb and will have a son; and you shall call his name Jesus. He will be a great man, and he’ll be called the son of the Most High. The Lord God will give him the throne of David his father, and he shall reign over the house of Jacob forever. His kingdom will never come to an end.”

“How will this happen?” said Mary to the angel. “I’m still a virgin!”

“The holy Spirit will come upon you,” replied the angel, “and the power of the Most High will overshadow you. For that reason the holy one who is born from you will be called God’s Son.

“Let me tell you this, too: your cousin Elizabeth, in her old age, has also conceived a son. This is the sixth month for her, a woman who people used to say was barren. With God, you see, nothing is impossible.”

“Here I am,” said Mary; “I’m the Lord’s servant-girl. Let it happen to me as you’ve said.”

Then the angel left her.

This young woman felt the joy of being told that she was going to have a baby. She felt even more joy when she was told that she was going to give birth to Jesus, the Son of God. When she said “yes, I will have this baby,” she felt the joy of doing what God wanted her to do. This young woman was to be the Mother of God and that brings all of us great joy.



The Visitation of Mary to her cousin Elizabeth

Mary got up and went quickly to a town in the mountains of Judea. She went to Zechariah's house and greeted Elizabeth. When Elizabeth heard Mary's greeting, the unborn baby inside Elizabeth jumped. Then Elizabeth was filled with the Holy Spirit. She cried out in a loud voice, "God has blessed you more than any other woman. And God has blessed the baby which you will give birth to. You are the mother of my Lord, and you have come to me! Why has something so good happened to me? When I heard your voice, the baby inside me jumped with joy. You are blessed because you believed what the Lord said to you would really happen."

Then Mary said,

"My soul praises the Lord;
my heart is happy because God is my Saviour.
I am not important, but God has shown his care for me, his servant girl.
From now on, all people will say that I am blessed,
because the Powerful One has done great things for me.
His name is holy."

A young pregnant woman went to visit her pregnant cousin. The baby in her cousin's womb leapt with joy when it came close to the baby who was Jesus, the Son of God. These two women hugged each other and were full of joy because they had such special babies who would help all people to know how much God loves all of us and wants to be friends with us.



The birth of Jesus

While Joseph and Mary were in Bethlehem, the time came for her to have the baby. She gave birth to her first son. There were no rooms left in the inn. So she wrapped the baby with cloths and laid him in a box where animals are fed.

That night, some shepherds were in the fields nearby watching their sheep. An angel of the Lord stood before them. The glory of the Lord was shining around them, and suddenly they became very frightened. The angel said to them, “Don’t be afraid, because I am bringing you some good news. It will be a joy to all the people. Today your Savior was born in David’s town. He is Christ, the Lord. This is how you will know him: You will find a baby wrapped in cloths and lying in a feeding box.”

Then a very large group of angels from heaven joined the first angel. All the angels were praising God, saying:

“Give glory to God in heaven,
and on earth let there be peace to the people who please God.”

A young woman gives birth to her baby. She is full of joy that she has a new baby but also full of a deep joy because this baby is Jesus, the Son of God. The angels that night are also full of joy because our Saviour has been born and he will save us from us being unhappy and sad. Jesus will be a joy to all people.



The Presentation of Jesus in the Temple

The time came for Mary and Joseph to do what the law of Moses taught about being made pure. They took Jesus to Jerusalem to present him to the Lord. It is written in the law of the Lord: "Give every firstborn male to the Lord." Mary and Joseph also went to offer a sacrifice, as the law of the Lord says: "You must sacrifice two doves or two young pigeons."

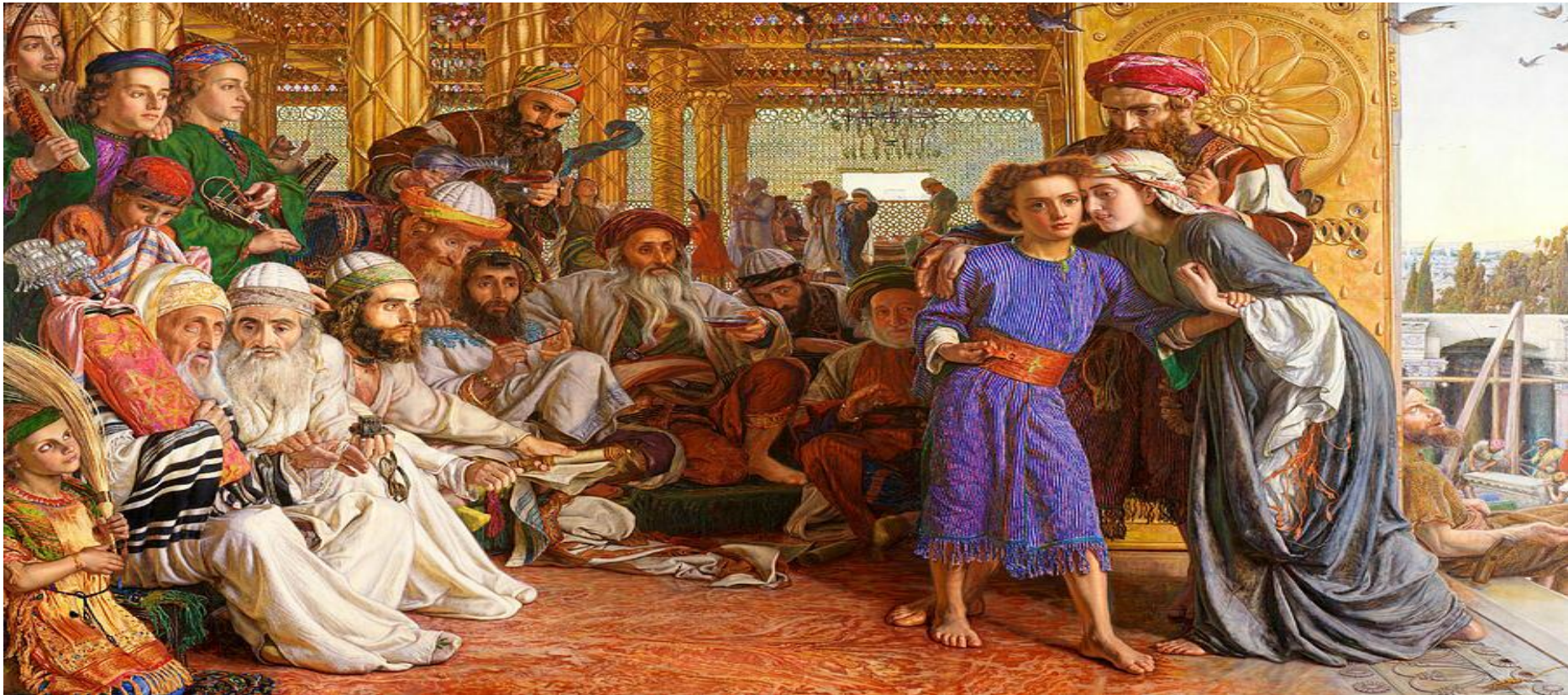
Forty days after the young woman given birth, she and her husband took their baby boy to the Temple. They were full of joy as they presented their child to God and asked for God to look after their child throughout all his life. This is the same kind of joy that your parents felt when you were a baby and they brought you to the church to be baptised. You were drenched in the love of God. What a joyful day that was!



The Finding of the child Jesus in the Temple

When Jesus was twelve years old, they went to the feast as they always did. When the feast days were over, they went home. The boy Jesus stayed behind in Jerusalem, but his parents did not know it. Joseph and Mary travelled for a whole day. They thought that Jesus was with them in the group. Then they began to look for him among their family and friends, but they did not find him. So they went back to Jerusalem to look for him there. After three days they found him. Jesus was sitting in the Temple with the religious teachers, listening to them and asking them questions. All who heard him were amazed at his understanding and wise answers. When Jesus' parents saw him, they were amazed.

Their twelve year old boy is lost. The parents are very worried but when they find him teaching in the Temple, they are full of joy because he is safe and because he is teaching us how much God loves us and wants us to be his friends. We can always be joyful because we will never be lost or alone. God will always come and find us.



The children are each given a rosary.
We watch to 1:43 and then say the first decade of
the joyful mysteries



Thank you, Ajay Amalor!



Time of Prayer

Let us be still and speak to Jesus in our hearts.

Silence

**Jesus, Son of the Living God,
you are the way, truth, and life.
Please help us to know how to follow you.
Thank you for guiding us through this life
to our heavenly home in heaven where we will be with you and
with all the saints forever.
Thank you for your friendship.
Thank you for your love.
We love you, Jesus!**

Amen



JOY

**SING-ALONG
KIDS WORSHIP**

