

# Formation for Holy Communion



All information (including relevant dates) concerning the Formation for Holy Communion is on the new Our Lady of Lourdes church website: [www.ourladyoflourdeswanstead.com](http://www.ourladyoflourdeswanstead.com)

**Parents, please return to Parish Centre at 9.45 a.m. this morning for a time of prayer with your children**

**9.30 a.m. Sunday Mass tomorrow. You and your children are invited to come and celebrate with the parish. Front row benches will be reserved for the children.**

A woman wearing a red headscarf and a dark, heavy coat stands in a field of sheep. The scene is set at sunset or sunrise, with a warm, golden light illuminating the landscape. The sheep are in the foreground, and the woman is looking down at them. The background shows a hazy horizon under a pale sky.

I AM THE **GOOD**  
SHEPHERD

JOHN 10:11-18

# Formation Session 2: Jesus is the Good Shepherd

*My dear Jesus,  
you are the Good Shepherd,  
and we listen to your voice this morning.  
As we come together  
help us to know and to love you  
as our friend  
and the Shepherd that leads us to your Father.*

*May our feet journey together.  
May our hands gather in unity.  
May our hearts beat as one.  
May our souls be in harmony.  
May our thoughts and words build up.  
May our song give you praise.*

*Amen.*



St Mother Teresa Group - Main Parish Centre Hall  
Formation Guides: Grainne, Jeanne, Kevin & Louise

ABLAS, Sol Rhavin

AGATHANGELOU, Annabella

ARSLAN, Haris

BRAITHWAITE, Sassy

CLARK, Joshua

COLLINS-JEFFERYS, Chester Charles

COOPER, Thomas Patrick

DANZEY, Charlotte Sofia

DENHAM, George

DIEP, Kian Frederick Tuan

DILE, Dilichukwu Desireé

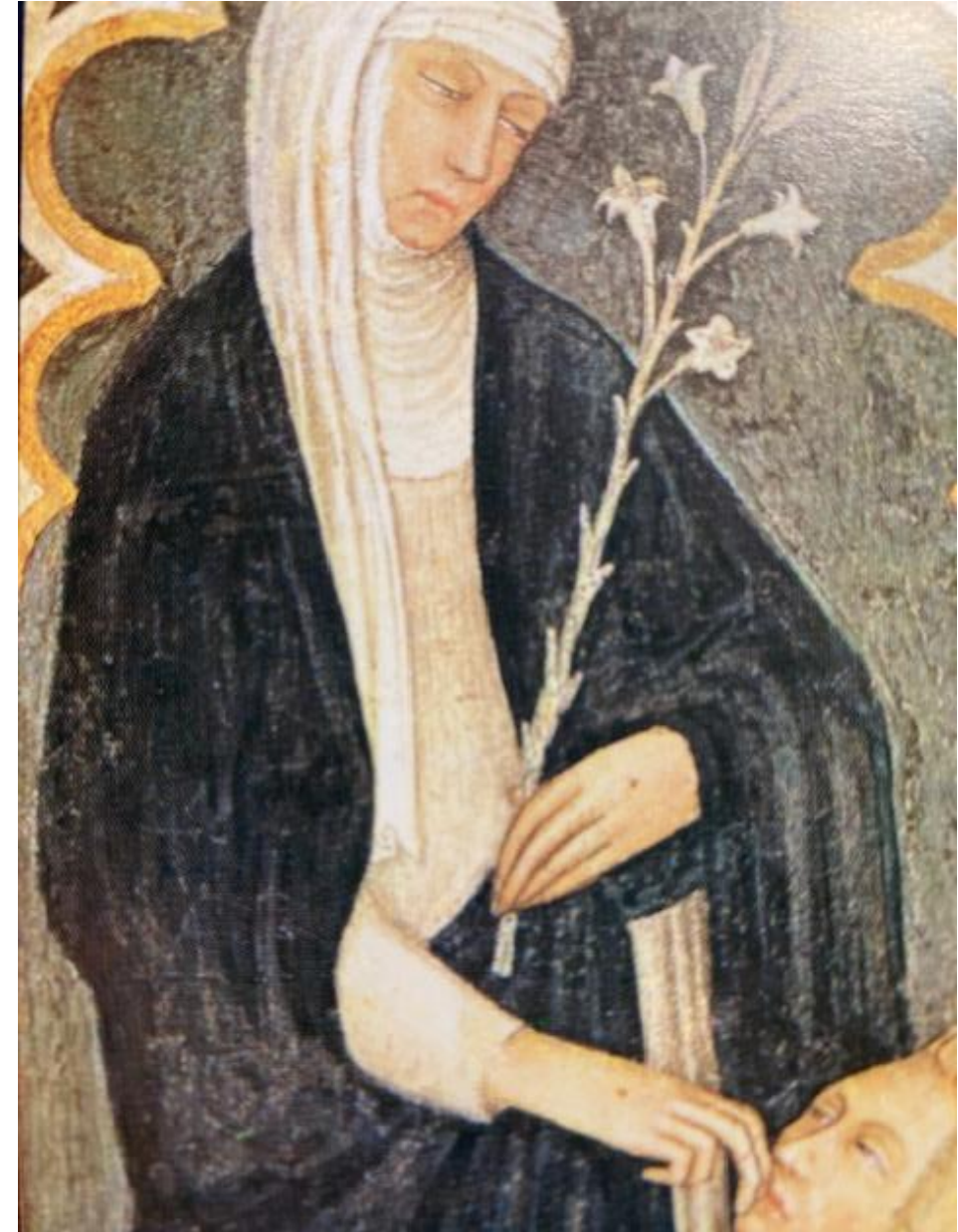
Ezeah, Ryan-David Chimermeze

KILGOUR, Gabriel



St Catherine of Sienna Group  
Formation Guides: Kristina, Jane and Sarah

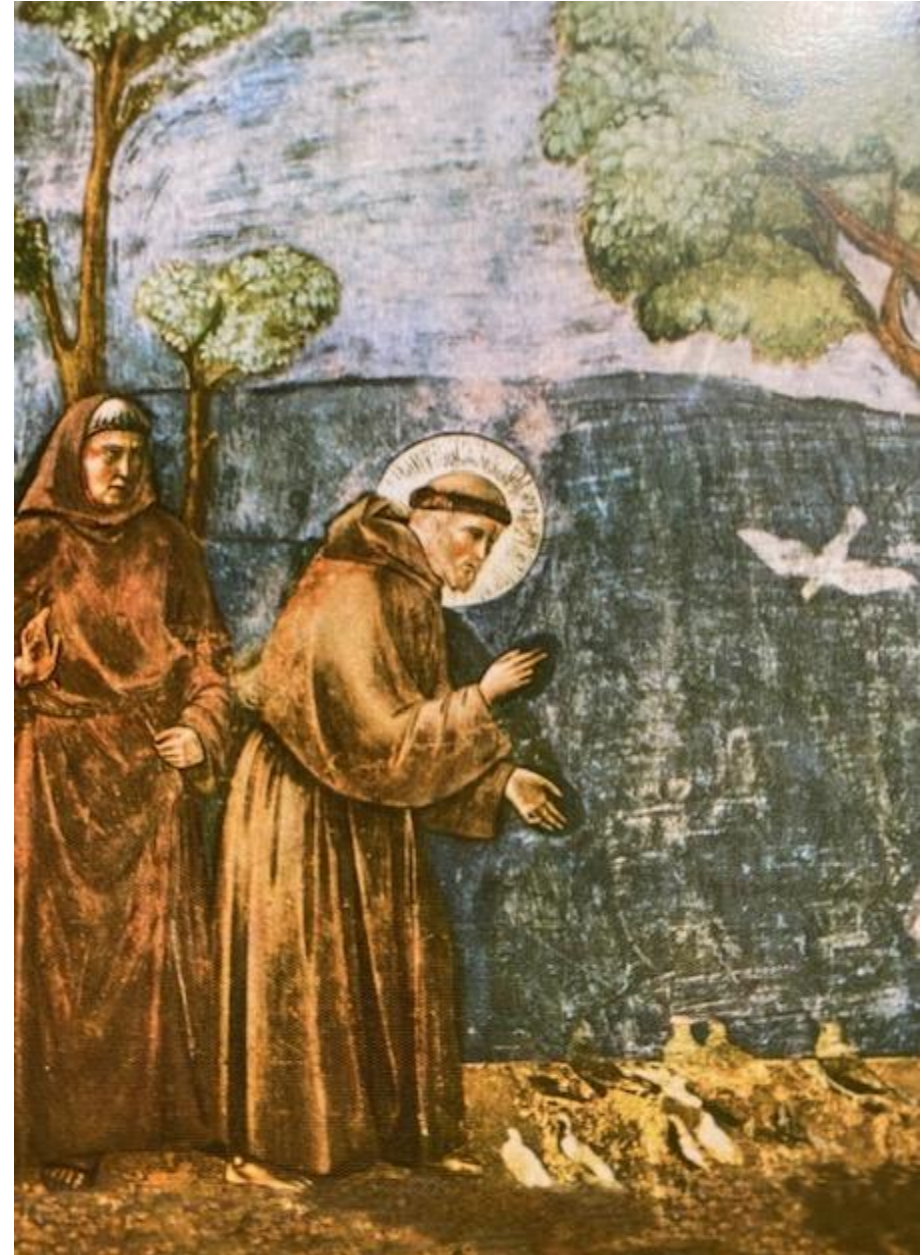
- ATHIENITIS, Byron
- FADALE, Gaia
- FAHEY, James Michael
- FARLEY, Leonardo Ronald
- FOLEY, Grace
- FOLKARD, Sophie Olivia
- HEATHWOOD, Milo
- HOULIHAN, Xavier Julian James
- KILGOUR, Jensen
- KISSI, Nathania Nyameaye
- MALAMOUTSIS, Maximos
- MARTIN, Cornelia Delama Zofia Smolowik



## St Francis of Assisi Group

Formation Guides – Henrietta, Rafey, Richard and Kevin P

- MARTIN, Rohan
- McATEER, James
- McDONNELL, Lochlainn
- McHUGH, Evan
- MHAGRH, Zoe Jane
- MILLS, Jaymani
- MORIARTY, Cara
- MORIARTY, Jerry
- MULLEN, Noel
- MURPHY, Thomas
- NADCZUK, Sara Wiktorja
- NEUPANE, Rhys Adam



# St George Group

Formation Guides: Carmen, Sister Veronica Ann, Sarah R & Natalia

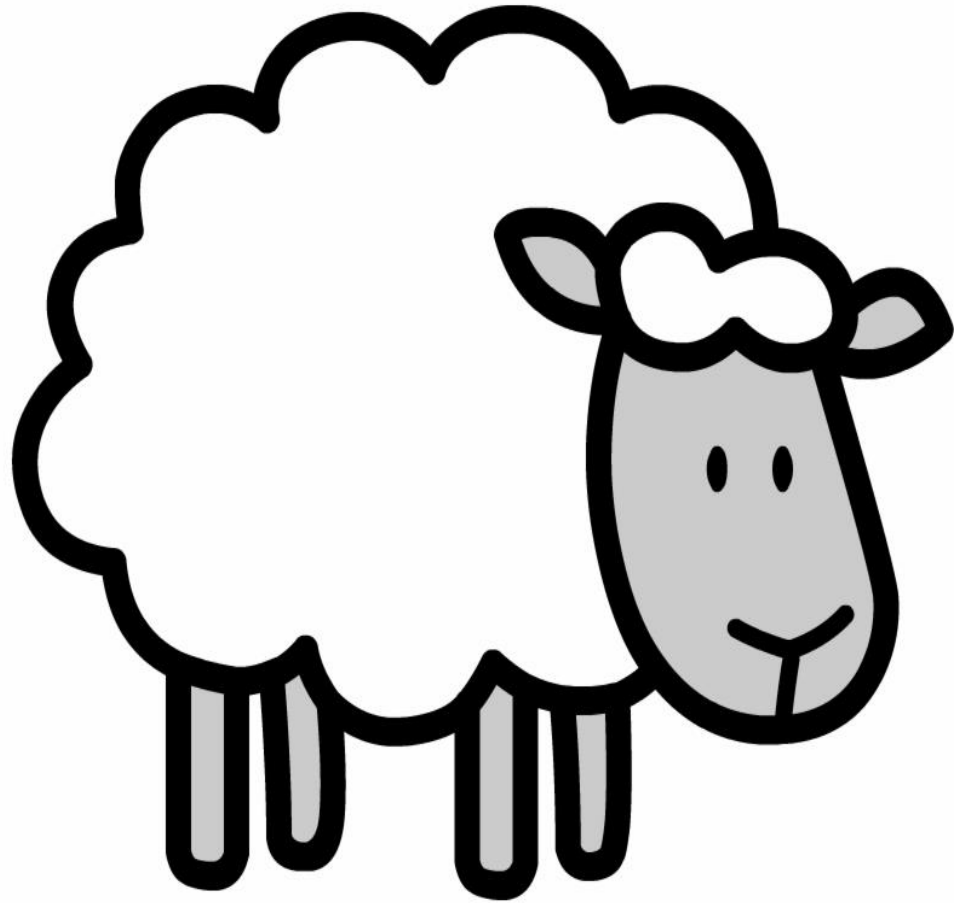
- CLARES-WERY, Louis
- O'DONNELL, Callum
- ORONSAYE JNR, Jude Nosakhre Oghogho
- REEDER, Hannah Emily
- SANGER, Sarita Amelia
- SHRESTHA, Miles
- TAYLOR, Zachary Luis Kai
- TOLLER, Erin Maria
- TROTTIER, Emilia Elisabeth
- VALLO, Kayden
- WALTON, Isabel
- WHITTINGHAM, Sebastian Michael
- ONUCHINA-TANG, Yesenia



What three words would you use to describe sheep? Write them in the picture of the sheep

What do you think would make for a good shepherd? Write three words to describe a good shepherd in the picture of the shepherd.

Let children discuss their descriptions of sheep and shepherd.

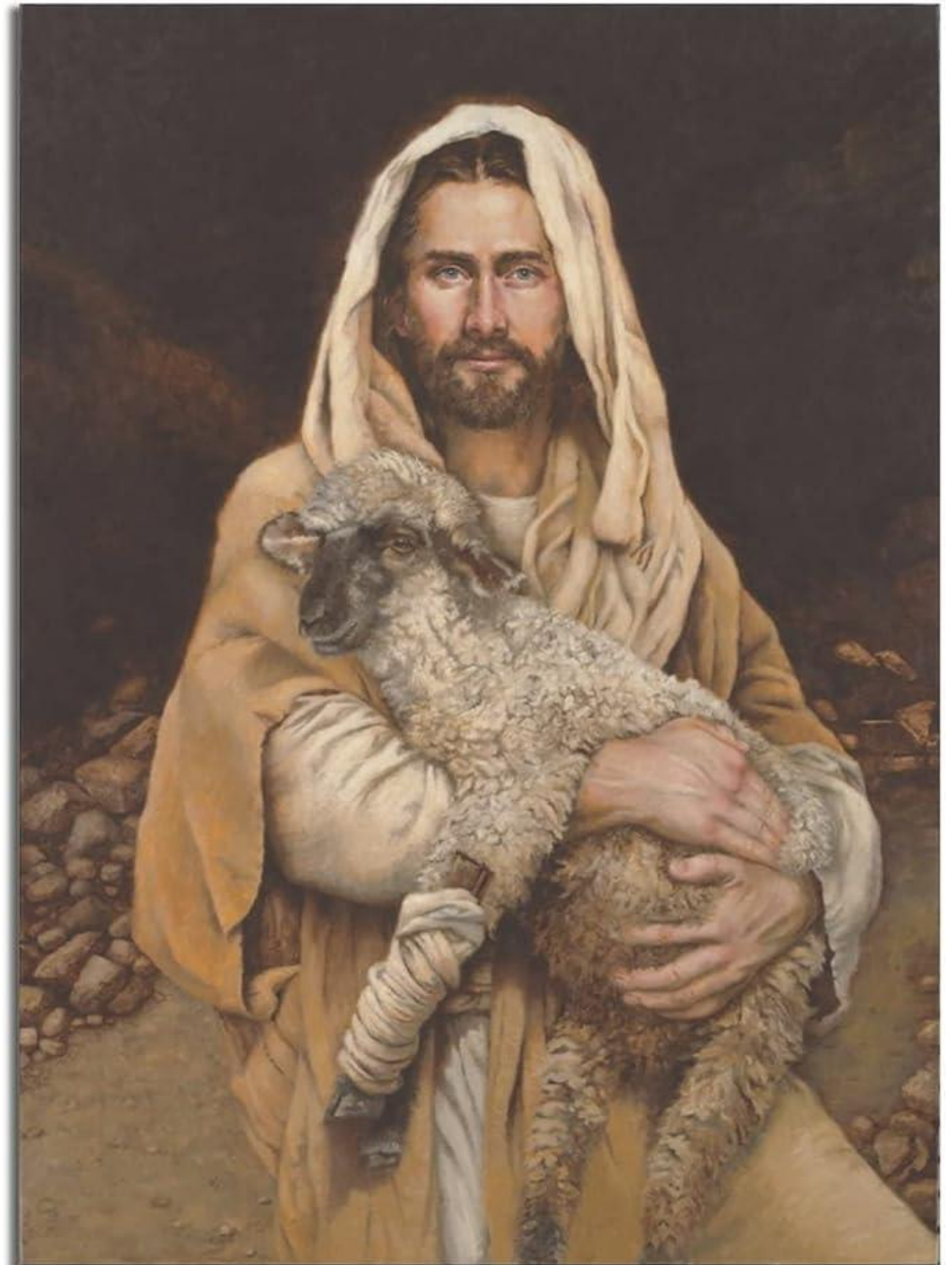




“I am the good shepherd. The good shepherd gives his life for the sheep. The worker who is paid to keep the sheep is different from the shepherd who owns them. So when the worker sees a wolf coming, he runs away and leaves the sheep alone. Then the wolf attacks the sheep and scatters them. The man runs away because he is only a paid worker. He does not really care for the sheep.

I am the good shepherd. I know my sheep, and my sheep know me, just as the Father knows me, and I know the Father. I give my life for the sheep.”

John chapter 10





## Reflecting on John 10

- Why do you think Jesus calls himself the Good Shepherd? What makes him the Good Shepherd?
- In what ways are we like sheep?
- Have you ever got lost? How did you feel? Who came to find you? How did you feel when you were found and safe?
- How did Jesus give his life for his sheep?
- Who or what was he protecting us from? Was it a wolf or something else?
- How does the Good Shepherd communicate with us? How do we know what he wants us to do? How do we know where he wants to lead us?



Ask children to take a card with a scripture quotation.

This is Jesus speaking to them.

Children read their card out.

Children are to keep their card and encouraged to pray it each day



# Time of Prayer

Let us be still and speak to Jesus in our hearts.

*Silence*

**Jesus, Son of the Living God,  
you are the way, truth, and life.  
Please help us to know how to follow you.  
Thank you for guiding us through this life  
to our heavenly home in heaven where we will be with you and  
with all the saints forever.  
Thank you for your friendship.  
Thank you for your love.  
We love you, Jesus!**

**Amen**



You got it - and lead me home

WAY, TRUTH,  
AND LIFE

